

#ucmhp

Creating Compassionate Communities

UCMHP Inaugural Conference 2024



Utah **Coalition** of
Mental Health Professions

Online agenda



April 15-17, 2024
Davis Conference Center
Layton, Utah

Sponsored by:
Platinum Sponsor



LÉVOTM
A MIND CARE COMPANY

EMOTIONAL. SPIRITUAL. PHYSICAL. MENTAL.

WHOLE PERSON CARE

SERVING THE AMERICAN INDIAN AND MEDICAID POPULATIONS

Services:

- ▶ Culturally informed programs deeply rooted in Native and spiritually based practices. We believe these practices benefit people of all cultures.
- ▶ Residential treatment services for both men and women struggling with substance use disorder, ensuring a supportive environment for recovery.
- ▶ Out services include Intensive Outpatient Program (IOP), General Outpatient Program (GOP), individual therapy, and psychiatric care, delivering comprehensive care for various mental health needs.



NAT-SU
BEHAVIORAL HEALTH

Healthcare Clinic: 435-850-1823
Behavioral Health: 435-714-7376
Natsuhealthcare.com



Board Members

Professional Associations



The National Association of Social Workers - Utah Chapter (NASW Utah) is a dynamic professional organization dedicated to advancing social work practice and promoting the well-being of individuals, families, and communities across Utah. With a rich history dating back decades, NASW Utah has been at the forefront of advocating for social justice, equality, and human rights. The organization provides a vital platform for social workers to connect, collaborate, and engage in meaningful dialogue on key issues impacting the profession and the populations they serve.



The Utah Association for Marriage and Family Therapy (UAMFT) is a leading professional organization dedicated to promoting the highest standards of practice in marriage and family therapy in Utah. Established decades ago, UAMFT has been instrumental in advancing the field of marriage and family therapy through education, advocacy, and collaboration. The organization provides a supportive community for marriage and family therapists (MFTs) to network, share knowledge, and enhance their clinical skills.



The Utah Mental Health Counselors Association is committed to promoting the highest standards of ethical practice and professional competence among mental health counselors in Utah. The association offers a variety of educational programs and workshops to help counselors stay current with the latest research and best practices in the field. Through its advocacy efforts, UMHCA works to ensure that mental health counselors have a strong voice in shaping policies and regulations that affect their profession. UMHCA empowers mental health counselors to make a positive impact on the lives of their clients and the broader community.





The Utah Coalition of Mental Health Professions (UCMHP) was conceived in 2021 as a collaborative initiative between the Utah Mental Health Counselors Association, Utah Association of Marriage and Family Therapists, and the National Association of Social Workers–Utah Chapter. This alliance was born out of a shared realization that many of the issues faced by clients and mental health professionals transcend individual disciplines. Over the course of the years, the coalition underwent meticulous planning and refinement to establish itself as a legal, unified entity with a united, singular purpose. It was not long before the idea of a combined mental health summit evolved into existence.

Today, the coalition stands as a testament to the power of mental health collaboration, aiming to be a stronger, collective voice advocating for mental health reform in Utah. The coalition is dedicated to proving to the state that all mental health professionals share the same ultimate objective: better mental health for all 3,400,000 residents of Utah. By championing this unified organization, the coalition seeks to break down barriers, improve access to mental health care, and ultimately foster a healthier, more supportive community for all Utahns.

The Utah Coalition of Mental Health Professions is united to build a stronger community, increase professional skills/knowledge, stand up for social justice, decrease barriers to behavioral health services, and advocate for inclusivity of all values, beliefs, experiences, worldviews, identities, and differences. We accomplish this through open communication, networking, educational experiences, and advocacy. By advocating for better mental health policies and resources, the coalition strives to create a more inclusive and equitable mental health landscape in Utah. Through collaboration, education, and advocacy, the coalition endeavors to empower mental health professionals and improve the well-being of all individuals and communities across the state.

**Joining forces.
Amplifying voices.**

Monday, April 15

8:30 to 10:30am

Room
1

Empathizing with the Suicidal Wish

Anna Lieber, LCMHC

Learning the purpose behind a suicidal wish and being able to empathize while instilling hope can save lives. One of the most important skills in working with individuals who are suicidal is to build a therapeutic alliance. One effective way to do this is to learn to empathize with the suicidal wish.



Room
2

Reconnecting Hope to Trauma Therapy

Pamela King, LMFT

Capitalize on client resources contributes to effective, respectful treatment.



Latine Bi-cultural Counseling: Cultural Immersion Training

Adriana Zarate, ACMHC

Recognize the benefit of offering bi-cultural counseling training.



Room
3

Inclusive Relational Therapy

Andres Brown, LMFT & Heather Holmgren, LMFT

Therapeutic approaches for working with non-hetero-normative relationships through a systemic lens.



Supporting Clients on the Path to Post-Traumatic Growth

Pamela King, LMFT

Capitalize on client resources contributes to effective, respectful treatment.



Room
4

Using Transference and Countertransference with Difficult and Diverse Clients

Dave Derezotes, PhD, LCSW

In this session, participants will re-examine our views of what transference (T) and countertransference (CT) actually are, study the basic types of T and CT reactions, and learn how to use these reactions in our assessments and interventions.



Room
5

Student Panel

Shandy Clark, Ashley Patino, Pamela Smith, Chelsea Jones, Maggie Meham

Q and A style conversation across off mental health disciplines.

Using neuromodulation to treat anxiety and insomnia

Leah Townsend, PhD & Jeremy Cottle

Intro to Alpha-Stim



Monday, April 15

11:00am to 12:30pm

Room
1

The Power of Peer Specialists: How Lived Experience Supports Clinical Work

Braydon Robinson, CPSS, SSW

Benefits of utilizing peer support in various clinical and non-clinical settings. Peer support services are an evidence-based practice shown to improve client outcomes through a variety of interventions and in diverse settings.



Room
2

Accelerated Resolution Therapy: Too Good to Be True?

Joseph Anderson, LCSW

As clinicians, we are always hoping for tools that can really bring about positive change for clients. We are at an exciting time in the world of providing services where clinical tools are working more closely with brain science than ever before. Accelerated Resolution Therapy is one such tool.



Room
3

Yoga Lila: Using Trauma Informed Yoga and Play Therapy

Holly Willard, LCSW, RPT-S & Sarah Bargar, LCSW

Lila meaning Play in Sanskrit, combines yoga and play therapy. This workshop will provide an overview of integrating play therapy with somatic movements, mindfulness, and yoga techniques, aimed at assisting individuals and families in their healing. It will include tools for combining Trauma Informed Yoga practices with play therapy strategies.



Room
4

Transcranial Magnetic Stimulation (TMS) for Depression, Generalized Anxiety Disorder and Obsessive Compulsive Disorder

Jessica Jones, MD

More effective treatment options for patients with severe depression and anxiety disorders that have not responded or tolerated trials of psychiatric medication and psychotherapies? Transcranial Magnetic Stimulation (TMS) is a non-medication treatment option that offers hope for patients.



Monday, April 15

2:00pm to 6:00pm

Keynote

Dr. Kristin Neff, PhD

We are thrilled to present Dr. Kristin Neff, PhD as our keynote speaker for this conference. Dr. Neff is widely recognized for her pioneering research and work on self-compassion, a concept that has transformed the field of psychology and personal development. As a professor at the University of Texas at Austin, Dr. Neff's insightful studies have shed light on the profound impact self-compassion can have on mental health, well-being, and relationships.

In her address, Dr. Neff will delve into the core principles of self-compassion, exploring how this practice can be a powerful tool for personal growth and resilience. Drawing from her extensive research and personal experiences, she will offer practical insights and strategies for cultivating self-compassion in daily life, empowering attendees to nurture their inner selves with kindness and understanding.

Attendees can expect a thought-provoking and inspiring session as Dr. Neff shares her expertise and wisdom on self-compassion. Her keynote address promises to be a highlight of the conference, resonating with professionals and individuals alike who seek to cultivate a deeper sense of compassion and acceptance towards themselves and others.

Join us as we welcome Dr. Kristin Neff to our conference, and embark on a journey of self-discovery and compassion that can transform lives and communities.



Tuesday, April 16

8:30am to 10:30am

Keynote

Dr. Hans Watson, DO

Dr. Hans Watson, DO is a renowned author, speaker, psychiatrist and creator of Brain Reactivation Therapy. He has personally authored multiple books to include topics such as eliminating narcissistic influences, PTSD, diet, academic success and more. He also is also a nationally recognized expert in multiple areas of psychotherapy to include Psychodynamic, Cognitive Behavioral, Cognitive Processing, Prolonged Exposure, Couples, Marriage & Family, pediatric and more.

A great deal of Dr. Watson's expertise came during his career in the armed forces. Before becoming a doctor, he was deployed to Afghanistan where he was assigned as an infantry embedded trainer (advisor that lives with, trains with and fights alongside the local army unit) for the Afghan National Army soldiers. It was after returning from Afghanistan as a decorated combat veteran and leader that Dr. Watson decided to attend medical school where he chose to enter the field of psychiatry.

During his psychiatric residency Dr. Watson's focuses included interplay between psychotherapy and psychopharmacology, psychiatric treatment in intellectual disability, pediatric psychiatry, marriage & family therapy, substance abuse and forensic work in Aviation Psychiatry. He is a nationally renowned keynote speaker for topics ranging from leadership to mental health, addiction, trauma and more. In addition to his own published works he has repeatedly been the trainer for therapists responding to emergency situations such as mass shootings at schools or military mass casualty situations.



Tuesday, April 16

11:00am to 11:55am

Room
1

Radical Healing Psychological Framework: Working with BIPOC Clients and Racial Healing

Mai Blanchard, LMFT

Radical Healing is a psychological framework that aims to address the intergenerational trauma and systemic oppression experienced by marginalized communities. This framework is particularly relevant for working with Black, Indigenous, and People of Color (BIPOC) and immigrant populations, and who have been historically marginalized.



Room
2

Crisis intervention and Safety Planning Among Suicidal Adolescents

Mareille Edgley, LCSW

When an adolescent talks about being suicidal, there are many complicating factors into knowing what support to provide, who to provide it to and how to safety plan with this population.



Room
3

Verses of Healing: The Transformative Power of Haiku in Mental Health Counseling

Terri Goldstein, LCMHC & Dennis Tucker, LCSW

This workshop will engage participants in a step-by-step exploration of Haiku, allowing them to experience its therapeutic benefits firsthand. The combination of guided writing, group collaboration, and reflective discussion will create a holistic and immersive learning experience.



Room
4

How to Effectively Work with Mixed-Faith Marriage/ Relationships

Natasha Helfer, LMFT, CST-S

This clinically oriented presentation will explore some of the challenges therapists will face when treating couples from Religious Conservative Communities where one has disaffiliated from their belief system. Couples are facing many changes and challenges.



12:00pm Lunch provided in Stratus Ballroom

UCMHP Executive Directors and Presidents of UAMFT, NASW-UT, & UMHCA will co-host a special lunch presentation with Jeff Shumway (OPLR) and Jana Johansen (DOPL).

Tuesday, April 16

1:00pm to 1:45pm

Room
1

Help! The Whole Family Wants to Come to Counseling

John Robbins, PhD, LMFT & Jennifer Morgan Smith, MBA, LMFT

This workshop aims to provide an introduction to family therapy for clinicians who have received little training in this specialized field. Recognizing the increasing importance of a systemic approach in addressing mental health concerns, the workshop seeks to equip participants with the fundamental principles.



Room
2

Uncharted Territory: Mapping New Terrain with Queer Couples in Therapy

Devin Gold, LCSW, Sami Simpson, PhD, LMFT & Jeremy Clark, LMFT

Discover key strategies for therapists to empower gender-diverse youth, fostering resilience and creating affirming therapeutic spaces. Gain practical tools for impactful support.



Room
3

Different is Your Asset: Understanding Neurodiversity and Adapting Treatment for ADHD and Autism

Melanie Cox, LMFT

ADHD and Autism diagnoses are increasing as we more accurately understand what these look like across gender and race. But keeping up therapeutic skills to be most effective with these neurodivergent populations can be overwhelming and confusing, especially as clients come to us with partial information they learned on Tiktok.



Room
4

Finding Balance in an Unbalanced World: Self-of-the-Therapist Issues for us All

Michael Negrette, PhD, LMFT & Kristal James, PhD, LCMHC

Attendees at this workshop will engage in a self-reflection of strategies to engage in good self-care, exercise self-compassion, and the process of setting good relational boundaries. Other issues such as impostor syndrome, exercising grace with ourselves and our clients, and ethics relating to self-of-the-therapist will be addressed.



Tuesday, April 16

2:05pm to 3:00pm

Room
1

Responding Effectively to Clients' Taboo Thoughts

Annabella Hagen, LCSW

Identifying, understanding, and learning to optimize individual traits of neurodiversity can be a challenging journey. Navigating those traits in couple relationships can complicate that journey. This session covers common manifestations of neurodiversity in couples, seven aspects of difference in couple functioning, and practical tools to help couples optimize differences.



Room
2

Help! The Whole Family Wants to Come to Counseling

Boone Christianson, LMFT, Kaprena Moore, CSW

We hear we need to improve our ability to interact flexibly with diverse cultures, but do not often discuss practical ways to do so. Using anthropological concepts, this presentation provides a basic discussion of "cultural humility," specific applications to our region, and discussion on developing Common Factor traits to improve therapy outcomes.



Room
3

Trauma and Medical Conditions: Understanding the Correlation and the Significance for Mental Health Therapy

Dan Kaufmann, PhD & Gray Otis, PhD, LCMHC

Various medical conditions correlate with trauma and other mental disorders. Effective treatment can help individuals who deal with chronic issues. Learn approaches that will benefit those who suffer from medical conditions correlated with trauma.



Room
4

Ethical Implications of Self-Care for Mental Health Providers

Michael Gerald, PhD, LCMHC & Amanda Riggs

As Mental Health Professionals we follow Codes of Ethics. We will explore the ethical implications of self-care as mentioned in various codes of ethics. We will also discuss how stress can negatively impact mental health professionals. We will discuss the differences between burnout, compassion fatigue and secondary trauma. Next, we will discuss types of self-care as well as the benefits of using humor as a stress-reliever or a form of self-care.



Tuesday, April 16

3:30pm to 5:30pm

Room
1

Beyond the Couch: Creating Income Stability By Developing Multiple Income Streams in Private Practice

Julie de Azevedo Hanks, PhD, LCSW

Private practice therapists who rely solely on income from clinical work often face financial vulnerability and the potential for burnout. The variability in client hours throughout the year, fluctuations in the economy, the number of new referrals, client retention rates, success in fee collection, and various other factors can create uncertainty in one's financial situation.



Room
2

“Shuffling Perspectives of Play Therapy: More Than UNO?” presented by the Utah Association of Play Therapy board

Jared Andes, LCSW, Maggi Leavitt, LMFT, RPT-S & Heather Stephenson, CMHC, RPT-S

Do you work with children and teens and feel stuck and/or frustrated? We hear the phrase “I have them do art but nothing is changing for them or their families!” We want to show you that Play Therapy isn't just Play.



Room
3

Managing Clinician Burnout

Liza Telford, LMFT, Andrea Beckstrom, APRN/NP

The irony of being a mental health professional, owning a mental health company and the cost on your own health. Advice for peers about coping with the stress of being a provider/ parent/ spouse / business owner.



Room
4

Developing the Self of the Trauma Therapist with IFS

Garret Roundy, PhD, LMFT

“How do I remain emotionally available to my clients when treating trauma?” After an overview of the Internal Family Systems Therapy model (IFS), experiential exercises used in training IFS therapists will deepen your self-understanding and confidence to use IFS concepts and techniques in your personal and professional development.



Wednesday, April 17

8:30am to 9:25am

Room
1

Beyond the Couch: Creating Income Stability By Developing Multiple Income Streams in Private Practice

Joyce Miles Jacquote, LMFT

LGBTQIA+ youth of color are at the intersection of at least two marginalized identities. Therapists who work with LGBTQIA+ must understand the marginalized identities that they hold to effectively work with them. In addition, therapists must know how to support the LGBTQIA+ youth of color that they are working with.



Room
2

Understanding Attachment and the Importance of Using Attachment-Sensitive Language

Gabriella Campbell, LCMHC & Mike Otufangavalu

Uncover the pivotal role of attachment in clinical practice. Delve into the profound impact of insecure attachments on mental health, and gain insights into therapeutic approaches that nurture healthy connections.



Room
3

Managing Suicidal Patients in Private Practice - It's Possible for the Patient & Therapist to Survive & Thrive

Amy Fehlberg, PhD

Working with suicidal patients can be a challenge in any setting but can feel particularly difficult in the outpatient setting. However, there is ample evidence to show how intentional treatment following research backed practices can lead to successful outcomes for the patient and the therapist.



Room
4

The Integration of Values in the Therapeutic Process

Bret Dorsett, LCMHC

Bret has worked as a director of an acute care facility in Peoria, Arizona and has also assisted in the startup as director of a new behavioral health organization in Utah. Bret has served with the Utah Clinical Mental Health Counselor's Association as a past Legislative and Public Policy Committee Chairperson.



Room
5

Intentional Supervision Strategies and Models: Self-of-the-Supervisor (8:30a to 12:30p)

John Robbins, PhD, LMFT & Jennifer Morgan Smith, MBA, LMFT

Learn essential aspects of supervising and training counselors and therapists in mental health practice. It is designed for both seasoned supervisors who may not have received formal training in supervision.



Wednesday, April 17

9:35am to 10:35am

Room
1

Division of Professional Licensing

Informational Presentation

Jana Johansen & Ben Baker

An overview of investigations and disciplinary actions including probation and formal hearings before the Board.



Room
2

“Why do you do that!?”: Clinical Tools to Help Neurodiverse Couples Navigate Differences

Aaron Jeffrey PhD, LMFT

Have you ever sat with a couple as one partner exclaims to the other in frustration, “Why do you do that!?” This inquiry of insistence is a trademark sign of the manifestation of differences for many couples, but for neurodiverse couples in particular.



Room
3

Applied Ketamine Assisted Psychotherapy

John Ellis, LMFT

Identifying, understanding, and learning to optimize individual traits of neurodiversity can be a challenging journey. Navigating those traits in couple relationships can complicate that journey. This session covers common manifestations of neurodiversity in couples, seven aspects of difference in couple functioning, and practical tools to help couples optimize differences.



Room
5

Intentional Supervision Strategies and Models: Self-of-the-Supervisor (8:30a to 12:30p)

John Robbins, PhD, LMFT & Jennifer Morgan Smith, MBA, LMFT

Learn essential aspects of supervising and training counselors and therapists in mental health practice. It is designed for both seasoned supervisors who may not have received formal training in supervision.



Networking Break

10:30 AM – 10:55 AM Please join us in the **VENDOR HALL**

Wednesday, April 17

11:00am to 12:30pm

Room
1

Division of Professional Licensing

Verl T. Pope, PhD, LCMHC, Elizabeth Fawcett, PhD, LMFT,
Abigail Crouse, PhD, LCMHC & Marette Monson, LCSW
An ethics panel presentation



Room
2

The Transformational Power of Pure Intelligence

Cory Reich, PhD, LMFT

If you're willing to deeply engage with your pure intelligence, be open to explore and examine your story, challenge and re-write old programs, and work to build greater competency in the use of your spiritual intelligence, your latent potential will be activated and find expression--it can be truly transformational!



Room
3

State of Affairs: Assessment & Treatment of Infidelity in Clinical Practice

Emily Freeze, LMFT, MPH, PMH-C

Infidelity impacts roughly 1 in 3 couples and is one of the top 3 reasons couples seek therapy. Unfortunately, many therapists grapple with feelings of inadequacy and uncertainty when treating couples after an affair. This presentation provides a framework in assessing & treating couples after the discovery of an affair.



Room
4

Don't Miss It! How a Client's Learning Difference or Neurodivergence Changes Your Treatment Plan

Courtney Pflieger, PhD & Josie Bohling, LMFT

Learn to identify the subtle clues to an unidentified learning differences and neuro-divergence as well as how to empower clients towards understanding and self-advocacy in their lives. Knowing the signs can improve your care, and your treatment plan.



Room
5

Intentional Supervision Strategies and Models: Self-of-the-Supervisor (8:30a to 12:30p)

John Robbins, PhD, LMFT & Jennifer Morgan Smith, MBA, LMFT

Learn essential aspects of supervising and training counselors and therapists in mental health practice. It is designed for both seasoned supervisors who may not have received formal training in supervision.



Wednesday, April 17

2:00pm to 3:30pm

Room
1

**What are the Best Practices for Faith Transitions?
Research, Ethics, and Application of a Solution
Focused Lens for Working with Spirituality in Clinical
Settings**

Megan Story Chavez, PhD, LMFT

Focusing on three areas of working with spirituality



Room
2

**Bringing Insight to Neurofeedback and its Practical
Application**

Harmony Johnston, LCSW

Neurofeedback is a powerful tool that can help support the treatment of symptoms regarding mood concerns, attentiveness, impulsivity, behavioral presentations, and much more. In this session, practitioners will gain a basic understanding of Neurofeedback, and how it can support their clients in making further gains in treatment.



Room
3

**There is More to Me Than What You See:
Understanding the importance of Cultural Context in
Treatment.**

Vjollca Martinson, PhD, LMFT

Culture is a multi-layered concept influenced by a range of issues such as nationality, language, class, religion, gender, etc. Every client brings with them their unique stories, beliefs and backgrounds, colored by their cultural context. Valuing each client's narrative isn't just good practice—it's essential.



Room
4

**Don't Miss It! How a Client's Learning Difference or
Neurodivergence Changes Your Treatment Plan**

Olivia Verbeck, LCMHC

The Relationship Trust Boundary Model is a simple and easy to use model that empowers us to set and hold boundaries in relationships. The model teaches us how to share in a safe way by allowing trust to be our guide.



Room
5

**Myths, Facts and Anti-Fat Bias in the Treatment
of Eating Disorders**

Aislinn Burke LMFT, CEDS & Stephanie Hundley, LCSW

In a culture that glorifies thinness and openly mistreats fat people, it's critically important that clinicians understand their own biases around body size. In this presentation, you will be challenged to explore your own stereotypes and biases in regards to weight.



Wednesday, April 17

4:00pm to 5:30pm

Room
1

Why Are Some Therapists Better Than Others?

Rick Miller, PhD, LMFT

Research has shown that some therapists have consistently more successful clinical outcomes than others. The burning question, then, is “why are some therapists better than others?” This presentation will describe what research has discovered about effective therapists and how we can use these principles to improve our clinical work.



Room
2

Credentialing and Contracting with Insurances

Ryan Brown

Education on the credentialing and contracting process. Explaining the process, the time frame, and what insurances look for in applications to be able to get “in-network” with the various insurance panels.



Room
3

Seeing the Difference: Embracing Tough Love While Overcoming Narcissistic Influences

Hans Watson, DO

Narcissistic influences are frequently the cause of depression for many people. But once someone is injured by a narcissist, they often struggle to tell which people are unhealthy and which ones are healthy for their healing. They then often falsely label healthy people as narcissists because their past trauma caused them to be hypervigilant.



Room
4

Perinatal Mental Health: What You Need to Know

Jessica Allred, LCSW

Recently language has changed in order to fully describe the array of mental health complications that can happen during pregnancy or up to 1 year after childbirth. These disorders, if left untreated can continue and create lasting impacts for birthing people and their families. There is a general lack of education in the healthcare field regarding these diagnoses, and as such they are often under treated or missed.



Room
5

Healing from Racism: A Daring Proposition

Juancarlos Santisteban, LMFT

To start healing from racism we must actively participate in our own Racial Identity Development. Courageously explore your internalized Racism and build a circle of accountability and support for community racial healing.





BRT doesn't replace your favorite therapy. It makes it even better.

BRT works with:

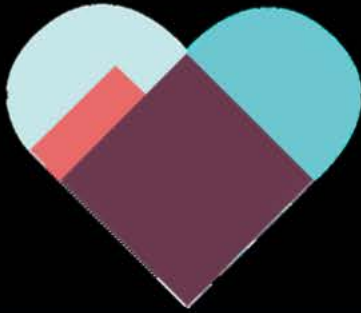
- *Individual, Couples or Group Therapy*
- *CBT*
- *DBT*
- *EMDR*
- *Psychodynamic / Psychoanalytic*
- *CPT*
- *or any other therapy modality*



Scan for More information



Sponsors



Utah Marriage Commission

DIRECT REFERRAL PROCESS FOR HEALTHCARE PROFESSIONALS

Connecting to the specialty care your patients need

- 1** For direct referrals, call or text at **(435) 352-7688**. This dedicated line is designed for you to refer your patients or clients for a complimentary mental health level of care assessment. Or for patients/clients needing admission. (We accept most all insurance plans, including Select Health, DMBA, EMI, Medicaid, Medicare, and more).
- 2** Kindly provide the patient's/client's name, along with a brief assessment, any observations, or specific concerns you may have.
- 3** You can refer your patient/client directly to our facility at any time. Following the assessment or if admission is necessary, we will notify you, arrange a post-discharge appointment and send aftercare plans to your office.

If you have any questions or require further assistance regarding your patient/client (including questions about medications), please feel free to call or text (435) 352-7688.

Adolescent and Adult Specialty Inpatient and Outpatient Programs



Walk-ins welcome!
1350 E 750 N
Orem, Utah 84097



Vendors



**WESTMINSTER
UNIVERSITY**



RMU Health Clinics
Counseling

BRIGHAM YOUNG
UNIVERSITY

MARRIAGE & FAMILY THERAPY



WEBER STATE UNIVERSITY
Moyes College of Education

— DEPARTMENT OF —
**CHILD & FAMILY
STUDIES**

Vendors



CoPilot

EXECUTIVE FUNCTION COACHING



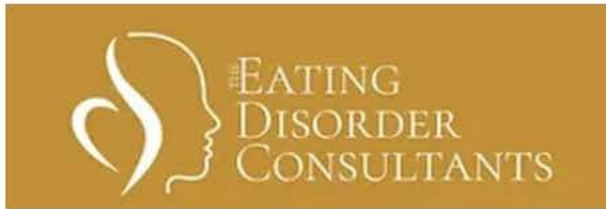
AUCH

UtahStateUniversity



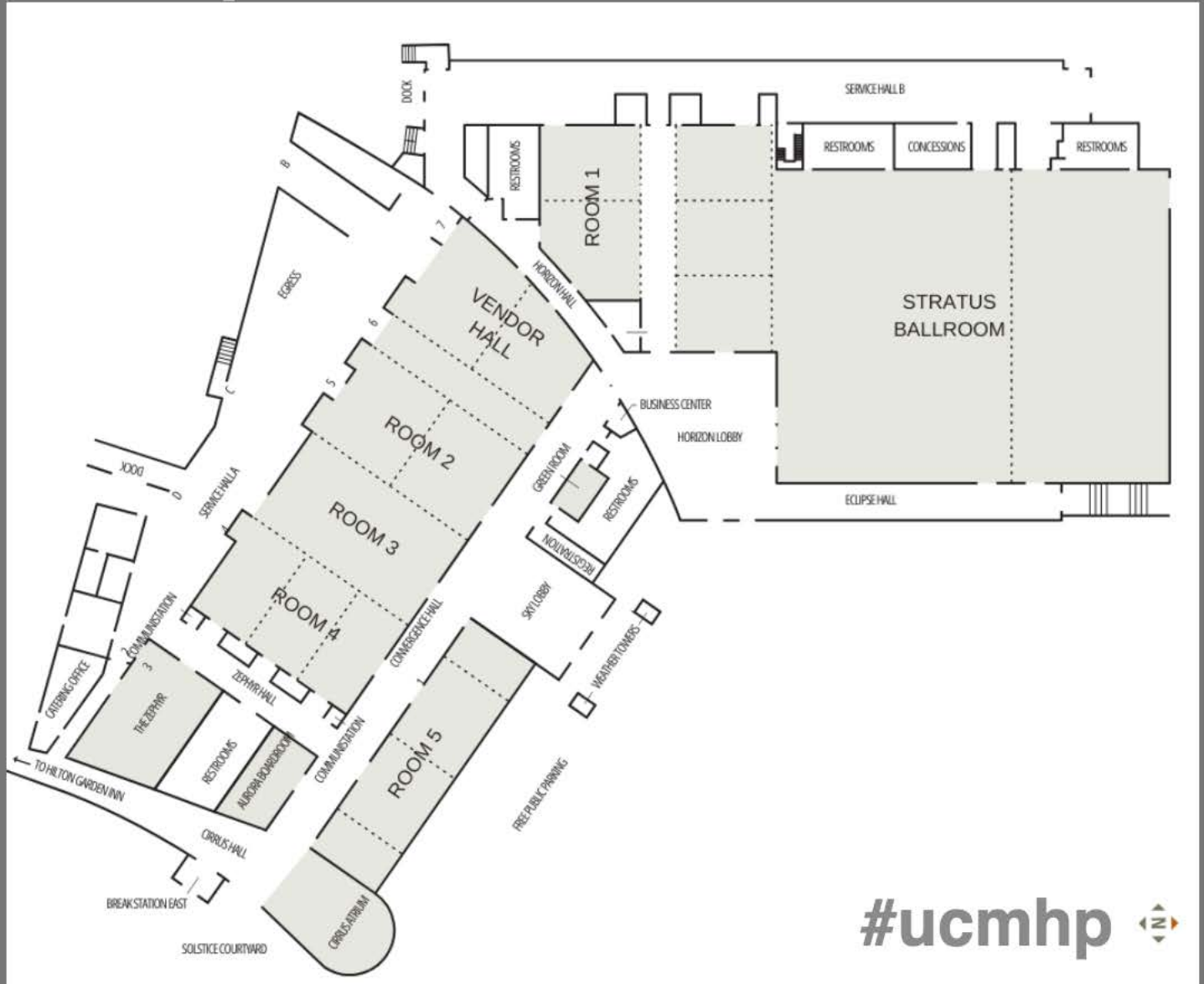
Vendors

Be sure to visit our vendor tables to get more information about these great companies!



#ucmhp

Floor plan





Post your photos and comments



Collaboration and trust; with a 'lift-and-make-lighter' philosophy.

At LÉVO, we share your commitment to providing exceptional mental healthcare. Our care philosophy includes assessment, diagnosis and responsible medication management.

At LÉVO, we prioritize:

-  Thorough assessment of biological factors that impact optimal mental health.
-  Responsible medication management which may include a reduction or elimination of medication.

Your clients trust you as a mental health professional.
LÉVO intends to keep it that way.



Scan the code to
connect with us today
or visit us at levomind.com



LÉVO[™]
A MIND CARE COMPANY